

Homework Policy

Appendix 1

(Administered to Students)

Please list below 3 things that help you do your homework well, and 3 things that interfere with it.

You need not sign the sheet.

Things that help my homework	Things that interfere with my homework
1.	1.
2.	2.
3.	3.

Please circle the number closest to the answer that best explains how you feel when doing your homework.

You need not sign the sheet.

Concentrating	1	2	3	4	Thinking about other things
Alert	1	2	3	4	Drowsy
Relaxed	1	2	3	4	Anxious
Wishing to be here	1	2	3	4	Wishing to be elsewhere
Happy	1	2	3	4	Sad
Active	1	2	3	4	Passive
Excited	1	2	3	4	Bored
Time passing quickly	1	2	3	4	Time passing slowly
Full of energy	1	2	3	4	Very little energy
Something at stake	1	2	3	4	Nothing at stake
Sociable	1	2	3	4	Lonely
Easy to concentrate	1	2	3	4	Difficult to concentrate
Cheerful	1	2	3	4	Irritable
Easy to be creative	1	2	3	4	Difficult to be creative